

# Online Tool from the National Diabetes Education Program Helps Youth Transition from Pediatric to Adult Care

*Transitions from Pediatric to Adult Care* from the National Diabetes Education Program (NDEP) helps teens with diabetes make a smooth transition to adult health care. Families and health care professionals will also find these materials very helpful.



A program of the National Institutes of Health and the Centers for Disease Control and Prevention

The online tool contains the following materials:

- **Transition Planning Checklist:** suggests a timeline, topics to review, and key action steps to support various aspects of the transition process
- **Patient Clinical Summary:** provides a summary of the teen's health status to be completed by the pediatric health care team and provided to the adult health care team
- **Resource List:** offers hyperlinks to additional resources such as videos, message boards, social networks, workbooks, checklists, guides, and books and can be viewed by category

[www.YourDiabetesInfo.org/Transitions](http://www.YourDiabetesInfo.org/Transitions)

*HHS' National Diabetes Education Program (NDEP) is jointly sponsored by the NIH and CDC with the support of more than 200 partner organizations.*