

It is estimated that more than

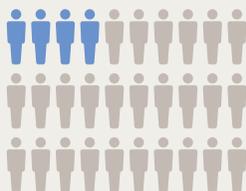


# ONE IN SEVEN

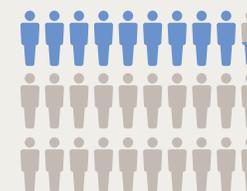
## African Americans in Indiana has diabetes.\*

Diabetes is one of the leading risk factors for **KIDNEY DISEASE** along with high blood pressure, cardiovascular disease, or a family history of kidney failure.

While African Americans made up just **13 percent** of the US population in 2009 ...



... they accounted for **32 percent** of kidney failure cases. \*\*



Kidney disease can progress to kidney failure, which may require treatment with dialysis or a kidney transplant to maintain health longer.

### You have the power to protect your kidneys.

- Speak with your health provider and get tested for kidney disease
- Manage your diabetes and high blood pressure
- Share what you've learned with at-risk friends and family members
- **Learn more at** [nkdep.nih.gov/get-involved.shtml](http://nkdep.nih.gov/get-involved.shtml)

\* Centers for Disease Control and Prevention (CDC). *Behavioral Risk Factor Surveillance System Survey Data*. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2010.

\*\* U.S. Renal Data System, USRDS 2010 Annual Data Report: Atlas of Chronic Kidney Disease and End-Stage Renal Disease in the United States, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD, 2010.



A program of the  
National Institutes  
of Health